14

Clocks/Gauges Tools

Using Stopwatch

Stopwatch stops when battery runs low.

1 *MENU* or ● ➡ *Tools* ➡ **Highlight *Clocks/Gauges* tab** ➡ *Stopwatch*

Stopwatch Window

2 *Start* or ● ➡ **Stopwatch starts**

3 *Stop* or ● ➡ **Stopwatch stops**

● Press *Resume* or ● to resume.

4 🔺 or 🔘 ➡ *Yes* ➡ **Stopwatch ends**

● Records are deleted when Stopwatch ends.

Recording Lap Times
　While Stopwatch is running,
　***Measure* or** 🖂
Saving Records to Notepad
　After ❸, *Options* or 🖂 ➡ *Save to*
　Notepad
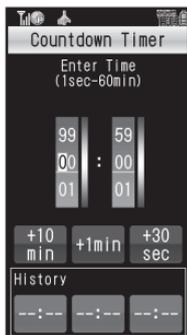**Resetting Records**
　After ❸, *Reset* or Y ➡ **From ❷**
Incoming Calls
● Stopwatch is not affected by incoming
　calls. End the call to return.

Using Countdown Timer

1 *MENU* or ● ➡ *Tools* ➡ **Highlight** *Clocks/Gauges* **tab** ➡ *Countdown Timer*

Countdown Timer
Enter Time
(1sec-60min)

99   59
00 : 00
01   01

+10   +1min   +30
min   sec

History

--:--   --:--   --:--

Timer Entry Window

2 **Enter minutes** ➡ **Enter seconds**
● Tap *+10min*, *+1min* or *+30sec* as needed.

3 *Accept* or ●

Countdown Timer

Time Remaining

01:10

Edit   Start

Countdown Timer Window
● Press *Edit* or ☑ to change time.

4 *Start* or ● ➡ **Countdown starts**
● Press *Pause* or ● to stop. (Press *Resume* or ● to resume.)

5 **Set time elapses** ➡ **Tone sounds**

6 ⊠ or ⌧ ➡ *Yes* ➡ **Countdown Timer ends**

Resetting Timer
Before countdown, *Edit* or ☑ ➡ *Reset* or ☒

Incoming Calls
● Countdown is not affected by incoming calls. End the call to return.

Timer Records
● Recent timer records appear below *History* in timer entry window. Tap record to enter the corresponding time.

When Set Time Elapses

Tone sounds.

Timer Expired

Pause

To stop tone instantly, press *Pause* or ●, or a Side Key. (Tone stops automatically after a period of time.)

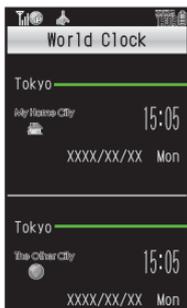**When Timer Time Elapsed during a Call**
● Tone sounds after the call.

Clocks/Gauges Tools

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14-3

Opening World Clock

1 MENU or ⦿ ➡ *Tools* ➡ **Highlight *Clocks/Gauges* tab** ➡ *World Clock*

Local Time Zone

World Time Zone

2 *Edit* or ⦿

Set Time Zone Window

3 Select area ➡ *Accept* or ⦿

4 🔲 or 🔲 ➡ **World Clock ends**

Advancing One Hour (Daylight Saving)
[Set Time Zone Window] *Summer* or \Y/
■ To cancel, press *Summer* or \Y/.

Adding Custom Time Zone
[Set Time Zone Window] *Custom* or ⊠/ ➡ Enter city name ➡ *Done* or ⦿ ➡ Highlight + or - ➡ Enter time difference ➡ *Accept* or ⦿

Opening World Clock in Standby

1 MENU or ⦿ ➡ *Settings* ➡ **In Phone menu, *Display***

2 *Standby Display*

3 *Clock/Calendar*

4 *World Clock (L)*, etc.

Using Hour Minder

Setting Hour Minder

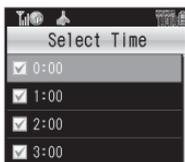Follow these steps to activate the hourly time signal at selected hours:

1 *MENU* or ● ➜ *Tools* ➜ **Highlight *Clocks/Gauges* tab** ➜ *Hour Minder*

Hour Minder Menu

2 *Switch On/Off* ➜ *On*

3 *Select Time*

4 Select hour (□ ⇔ ☑) ➜ Complete selection ➜ *Confirm* or ⌐Y⌐

5 *Save* or ⌐Y⌐ ➜ Saved

6 ⌐ or ⌐⌐ ➜ Hour Minder setting ends

Adjusting Hour Minder Volume
In **2**, *Advanced* ➜ *Volume:* ➜ Adjust level ➜ *Confirm* or ⌐Y⌐ ➜ From **5**
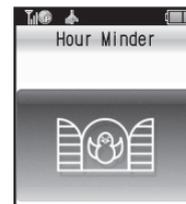**Changing Hour Minder Duration**
In **2**, *Advanced* ➜ *Duration:* ➜ Select time ➜ *Confirm* or ⌐Y⌐ ➜ From **5**
■ For custom Duration, select *Other*.
Selecting/Canceling All Hours
In **4**, *Options* or ⌐ ➜ *Check All* or *Uncheck All*

At Hour Minder Time

Hour Minder activates; sounds/vibrates by related settings.

To stop tone instantly, press *Stop* or any key.

When Another Function is Active
● Hour Minder does not activate.
Incoming Calls
● Active Hour Minder stops for incoming calls.

Canceling Hour Minder

1 In Hour Minder menu, *Switch On/Off* ➜ *Off* ➜ *Save* or ⌐Y⌐

Advanced

⚙ ●Changing Hour Minder tone/video ●Setting handset to vibrate at Hour Minder Time ●Sounding Hour Minder Time tone even in Manner mode ●Activating Hour Minder based on World Clock time (**P.14-12**)

Using Pedometer

Getting Started

- Count based on a pace of approximately 100 steps per minute over even terrain.
- Accuracy may be affected by course, terrain, walking style, etc.
- Avoid holding the handset; use a body worn case or a strap, or place handset inside a pocket or bag.
  - Avoid sudden/erratic movements.
- Steps are not counted in the following cases:
  - While handset is off
  - For the first few steps
  - While handset vibrates
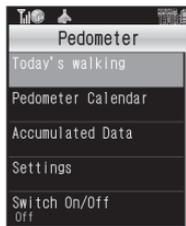- Handset use may affect accuracy.
- Use Pedometer only as a rough guide.

Adjusting Counter Sensitivity
MENU or ● ➡ *Tools* ➡ **Highlight** *Clocks/Gauges* **tab** ➡ *Pedometer* ➡ *Settings* ➡ *Step Sensitivity* ➡ **Select option**
- Select *Low* when steps seem overcounted; select *High* when they seem undercounted.

Saving Body Information

Weight and pace entry required to view full Pedometer data.

1. *MENU* or ● ➡ *Tools* ➡ **Highlight** *Clocks/Gauges* **tab** ➡ *Pedometer*

Pedometer

Today's walking
Pedometer Calendar
Accumulated Data
Settings
Switch On/Off
Off

Pedometer Menu

2. *Settings* ➡ *Body Info.*

3. **Enter Handset Code** ➡ *OK* **or** ●

Body Info.

Height
Unset
Weight
Unset
Pace
Unset

Body Info Menu

4. *Height* ➡ **Enter height** ➡ *Accept* **or** ●

5. *Weight* ➡ **Enter weight** ➡ *Accept* **or** ●

6. *Pace* ➡ *Yes* **or** *No*
- Select *Yes* to enter pace automatically based on height.

7. **Enter pace** ➡ *Accept* **or** ● ➡ *Save* **or** ＼Y7

Editing Body Information
[Body Info Menu] **Select item** ➡ **Enter value** ➡ *Accept* or ● ➡ *Save* or ＼Y7
- For *Pace*, automatic calculation confirmation appears (when height is entered).

Activating Pedometer

1. **In Pedometer menu,** *Switch On/Off*

2. *On*

Canceling Pedometer
In ❷, *Off*

Pedometer Indicator

When Pedometer is active, today's step count appears in Standby.

When step count does not appear, press ⌜▲⌝ or ⌜☎⌝.

Viewing Step Count Records

1**Tap Pedometer indicator**
 ● Today's and yesterday's data appears.

2*Log* or ●

Steps Window

● Use ⟨◇⟩ or tap *Hourly*/*Daily* tab to toggle daily/weekly view. Press ◀◘ or ⌜✱⌝ to open previous day/week, and ◘▶ or ⌜#⌝ to open next day/week.

3**Select time/date**
 ● Hourly/daily step counts appear.

4*CLEAR/BACK* or ⌜CLEAR/BACK⌝ ➡ *CLEAR/BACK* or ⌜CLEAR/BACK⌝ ➡ **Pedometer menu returns**

Resetting Today's Step Count
In 2, *Options* or ⌜✉⌝ ➡ *Reset Day's Data* ➡ *Yes*
Resetting Log
[Steps Window] *Options* or ⌜✉⌝ ➡ *Walk Data Reset* ➡ Enter Handset Code ➡ *OK* or ● ➡ *Yes*
■ Today's data is also reset.

Setting Targets

Information window opens, etc. when target is achieved for these items:

Steps	Walking Time
Exercise	Calories
Distance	Fat burned

1**In Pedometer menu, *Settings* ➡ *Target***

2*Target Settings*

3**Select item ➡ Enter value/ time ➡ *Accept* or ●**
 ● Other target settings may consequently change.

Editing Targets
[Pedometer Menu] *Settings* ➡ *Target* ➡ *Target Settings* ➡ Highlight item ➡ *Edit* or ⌜✉⌝ ➡ Enter value/time ➡ *Accept* or ●
When Target is Achieved
● A tone sounds and Information window opens. (Highlight *Goal Achievement* and press ● to open Pedometer Calendar.) Follow these steps to mute achievement tone:
 [Pedometer Menu] *Settings* ➡ *Target* ➡ *Goal Announce* ➡ *Off*
About Exercise (Ex)
● Ex and MET indicate amount and intensity of physical activity, respectively. Ex for walking is calculated by multiplying 3 METs by walking duration (hour).

Clocks/Gauges Tools

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14-7

Advanced

✎ ●Changing Pedometer indicator ●Using Pedometer Calendar ●Checking accumulated data ●Resetting accumulated data ●Customizing achievement notice (**P.14-12**)

Using Compass

Opening Compass

1 *MENU* or ● ➡ *Tools*

2 Highlight *Clocks/Gauges* tab ➡ *Compass*

Compass Window
● Compass opens; use as a rough guide.

Adjusting Compass

1 In Compass window, *Adjust* or ● ➡ *Next* or ●
● Follow onscreen instructions.

Compass Indicator
● When map is open, compass indicator appears; follow these steps to hide it:
  MENU or ● ➡ *Tools* ➡ Highlight *Clocks/Gauges* tab ➡ *S! GPS Navi* ➡ *NAVI Settings* ➡ *Compass Indicator* ➡ *Off*

Using S! GPS Navi

Use this GPS navigation service to pinpoint current location, find routes to destinations, and more.

Precautions

- Location Information accuracy may be affected when GPS satellite/radio station signal reception is poor. Use S! GPS Navi under the open sky.
- SoftBank is not liable for any damages resulting from the provided Location Information.
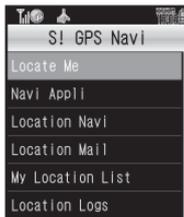
Positioning
- Pinpoints current location using signals transmitted from GPS satellites.

Location Information Accuracy
- Probable distance from the actual position is classified into three levels, from Accuracy 1 (low) to Accuracy 3 (high).
- A confirmation appears when accuracy level is 1 or 2; select *Yes* or *No*.

Starting Navi Appli

1 *MENU* or ● ➔ *Tools* ➔ **Highlight** *Clocks/Gauges* **tab** ➔ *S! GPS Navi*

```
Ｔ꜀ 📶
        S! GPS Navi
Locate Me
Navi Appli
Location Navi
Location Mail
My Location List
Location Logs
```
S! GPS Navi Menu

2 *Navi Appli*
- To disable confirmation, press *Check* or ☑/ before ❸.

3 *Yes*

Opening Navi Appli List
 [S! GPS Navi Menu] *Navi Appli List*
■ To activate Navi Appli, select one.
Selecting Navi Appli for S! GPS Navi
 [S! GPS Navi Menu] *NAVI Settings* ➔ *Select Navi Appli* ➔ **Select application**

Pinpointing Current Location

1 **In S! GPS Navi menu,** *Locate Me*

```
Lc ┌─────────────────┐
Lc │  Your location  │
M  │information will │
   │ be notified for │
Lc │   map display   │
   ├─────────────────┤
Na │      Yes        │
   ├─────────────────┤
Na │      No         │
   └─────────────────┘
   ☐Don't ask again
```

- To disable confirmation, press *Check* or ☑/ before ❷.

2 *Yes* ➔ **Positioning starts**
- Map of your current location appears.

Opening Location Log

1 **In S! GPS Navi menu,** *Location Logs*

2 **Select record**
- Details appear.

3 *CLEAR/BACK* or ☑ ➔ **Menu returns**

Advanced

☝ ●Sending current location via mail ●Changing map source URL ●Disabling positioning (**P.14-13**)
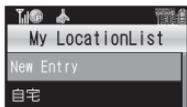
Using My Location

Saving Location Information

Follow these steps to save current location as a new entry:

❶ In S! GPS Navi menu, *My Location List*

My LocationList Menu

❷ *New Entry*

❸ *Name* ➜ Enter name ➜ *Done* or ●

❹ *Location Info*

❺ *From Current Loc.* ➜ Positioning complete

❻ *OK* or ●
- When accuracy level is 1 or 2, select *No* and proceed to ❼.

❼ *Save* or ⊠

Saving as Home
In ❷, *自宅* ➜ From ❹

Saving from Location Log
In ❺, *From Location Logs* ➜ Select record ➜ *Save* or ⊠

Opening Entries

❶ In My LocationList menu, select entry

❷ *Location Info*

Details
Name:
Office
Latitude:
NXX. XX. X. XX
Longitude:
EXXX. XX. XX. XX
Positioning time:
XXXX/XX/XX 15:05
Loc info accuracy:

❸ *CLEAR/BACK* or CLEAR/BACK ➜ Details closes

Deleting Entries

❶ In My LocationList menu, highlight entry

❷ *Options* or ⊠ ➜ *Delete* ➜ *Yes*

Using Location Navi (Japanese)

Locate other S! GPS Navi-compatible handset users or a lost handset.
- Location Navi requires a separate contract and initial settings.
- If Double Number is active, service uses Line A regardless of usage mode setting.
- For more about Location Navi, see SOFTBANK MOBILE Corp. Website (**P.19-18**).

❶ In S! GPS Navi menu, *Location Navi*
- Handset connects to the Internet. Follow onscreen instructions.

Clocks/Gauges Tools

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Advanced

● Selecting Location Information transmission option ● Using My Location & Location Log ● Saving Location Log records to My Location ● Deleting Location Log records (**P.14-13**)

14-10

Using Battery Meter

1 *MENU* or ● ➡ *Tools*

2 Highlight *Clocks/Gauges*
tab ➡ *Battery Meter*

Battery Meter Window
● Approximate battery strength appears.

Changing Battery Strength Indicator Pattern
[Battery Meter Window] *MiniBat* **or**
☑ ➡ **Select pattern**
■ Remaining time is approximated for
current handset usage pattern.

Hour Minder

Changing Hour Minder tone/video	**Start Here** *MENU* or ● ➡ *Tools* ➡ Highlight *Clocks/Gauges* tab ➡ *Hour Minder* ➡ *Advanced* ➡ *Assign Tone/Video:* ➡ See below
	Using Preset Tone or Data Folder File Select folder ➡ Select tone/file ➡ *Confirm* or ⑂ ➡ *Save* or ⑂ ● Select start point if required.
	Using Customized Screen Tone/Video *Customized Screen* ➡ *Confirm* or ⑂ ➡ *Save* or ⑂
Setting handset to vibrate at Hour Minder Time	*MENU* or ● ➡ *Tools* ➡ Highlight *Clocks/Gauges* tab ➡ *Hour Minder* ➡ *Advanced* ➡ *Vibration:* ➡ *On* or *Link to Sound* ➡ *Confirm* or ⑂ ➡ *Save* or ⑂ ● Select *Link to Sound* to allow compatible SMAF files to control vibration.
Sounding Hour Minder Time tone even in Manner mode	*MENU* or ● ➡ *Tools* ➡ Highlight *Clocks/Gauges* tab ➡ *Hour Minder* ➡ *Advanced* ➡ *For Manner Mode:* ➡ *Ring* ➡ *Yes* ➡ *Confirm* or ⑂ ➡ *Save* or ⑂
Activating Hour Minder based on World Clock time	*MENU* or ● ➡ *Tools* ➡ Highlight *Clocks/Gauges* tab ➡ *Hour Minder* ➡ *Advanced* ➡ *Link to World Clk:* ➡ *On* ➡ *Confirm* or ⑂ ➡ *Save* or ⑂

Pedometer

Changing Pedometer indicator	*MENU* or ● ➡ *Settings* ➡ In Phone menu, *Display* ➡ *Standby Display* ➡ *Pedometer* ➡ **Select item**
Using Pedometer Calendar	*MENU* or ● ➡ *Tools* ➡ Highlight *Clocks/Gauges* tab ➡ *Pedometer* ➡ *Pedometer Calendar* ➡ **Select date** ● Degree of achievement appears. ● Press 🔼/🔽 or ⁎/# to view previous or next month.
Checking accumulated data	*MENU* or ● ➡ *Tools* ➡ Highlight *Clocks/Gauges* tab ➡ *Pedometer* ➡ *Accumulated Data* ● Change in body information is reflected in the data.
Resetting accumulated data	*MENU* or ● ➡ *Tools* ➡ Highlight *Clocks/Gauges* tab ➡ *Pedometer* ➡ *Accumulated Data* ➡ *Options* or ⌨ ➡ *Reset Walk Data* ➡ Enter Handset Code ➡ *OK* or ● ➡ *Yes*
Customizing achievement notice	**Start Here** *MENU* or ● ➡ *Tools* ➡ Highlight *Clocks/Gauges* tab ➡ *Pedometer* ➡ *Settings* ➡ *Target* ➡ *Goal Announce* ➡ *On* ➡ See below
	Changing Tone *Goal Sound* ➡ **Select pattern**
	Changing Tone Volume *Goal Volume* ➡ **Adjust level**
	Changing Vibration Pattern *Vibration* ➡ **Select pattern**
	Changing Duration *Duration* ➡ **Select time** ● For custom Duration, select *Other*.

S! GPS Navi

Sending current location via mail	*MENU* or ● ➜ *Tools* ➜ Highlight *Clocks/Gauges* tab ➜ *S! GPS Navi* ➜ *Location Mail* ➜ **Positioning complete** ➜ *OK* or ● ➜ Complete message ➜ *Send* or `\Y'` ● When accuracy level is 1 or 2, select *No* after positioning, then complete message.
Changing map source URL	Start Here *MENU* or ● ➜ *Tools* ➜ Highlight *Clocks/Gauges* tab ➜ *S! GPS Navi* ➜ *NAVI Settings* ➜ *Map URL Settings* ➜ See below **Adding URLs** *<Not set>* ➜ **Enter URL** ➜ *Done* or ● **Setting Destination URL** **Select URL** **Viewing/Editing/Deleting URLs** **Highlight URL** ➜ *Options* or ` ⊠/` ➜ *Display*, *Edit* or *Delete* ● Follow onscreen instructions.
Disabling positioning	*MENU* or ● ➜ *Tools* ➜ Highlight *Clocks/Gauges* tab ➜ *S! GPS Navi* ➜ *NAVI Settings* ➜ *Positioning Lock* ➜ *On* ➜ **Enter Handset Code** ➜ *OK* or ●
Selecting Location Information transmission option	*MENU* or ● ➜ *Tools* ➜ Highlight *Clocks/Gauges* tab ➜ *S! GPS Navi* ➜ *NAVI Settings* ➜ *Send Location Info* ➜ **Select option** ➜ **Enter Handset Code** ➜ *OK* or ●
Using My Location & Location Log	Start Here *MENU* or ● ➜ *Tools* ➜ Highlight *Clocks/Gauges* tab ➜ *S! GPS Navi* ➜ *My Location List* or *Location Logs* ➜ Highlight entry or record ➜ See below **Opening Map** *Map* or `\Y'` ➜ *Yes* **Showing Routes via Navi Appli** *Options* or ` ⊠/` ➜ *Go to* ➜ *Yes* ● Follow onscreen instructions. **Inserting into Message Text** *Options* or ` ⊠/` ➜ *As Msg. Text* ➜ Complete message ➜ *Send* or `\Y'` **Saving to Phone Book** *Options* or ` ⊠/` ➜ *Save to Ph.Book* ➜ *As New Entry* ➜ **Complete other fields** ➜ *Save* or `\Y'` ● To add to an existing entry, select *As New Detail*.
Saving Location Log records to My Location	*MENU* or ● ➜ *Tools* ➜ Highlight *Clocks/Gauges* tab ➜ *S! GPS Navi* ➜ *Location Logs* ➜ **Highlight record** ➜ *Options* or ` ⊠/` ➜ *Set as My Location* ➜ *Name* ➜ **Enter name** ➜ *Done* or ● ➜ *Save* or ` ⊠/`
Deleting Location Log records	*MENU* or ● ➜ *Tools* ➜ Highlight *Clocks/Gauges* tab ➜ *S! GPS Navi* ➜ *Location Logs* ➜ **Highlight record** ➜ *Options* or ` ⊠/` ➜ *Delete* or *Delete All* ➜ *Yes* ● Omit record selection step when deleting all records.

Clocks/Gauges Tools

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